

Heart & Soul Salt Mist Serenity Room Intake Form

Today's Date \_\_\_\_\_

Name (last) \_\_\_\_\_ (first) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Zip Code \_\_\_\_\_

Email \_\_\_\_\_

How did hear about us? \_\_\_\_\_

Reason for booking your Salt Mist Serenity Session

Mental Clarity

Seasonal allergies

Snoring

Better sleep quality

Asthma

\*COPD (not for stage 3)

Bronchitis

Overall better breathing quality

Sinusitis

Chronic Ear, Nose, Throat Issues

Immune System support

Migraines

Fibromyalgia

HBP

Diabetes

Depression

Anxiety

Detoxification

Acne

Eczema

Psoriasis

Chronic Pain

Inflammatory Issues

Auto Immune Diseases

To offset the effect of Electronic Pollution

To offset the effect of Air Pollution

Overall Relaxation & Stress Relief

\*Contraindications for any type of Salt Sessions

No use of nicotine products 2 wks prior (heavy use)

Acute stage of respiratory attack

Intoxication from alcohol or non prescription drugs

Cardiac insufficiency

Hemorrhage (bleeding from open wound)

Hemopytsis (sitting up blood)

Stage 11B Hypertension

Active chemo or radiation treatment for cancer

Severe edema

Active tuberculosis

Infections with fever

Stage 3 COPD

\*Please note our salt therapy treatments do not diagnose or treat medical conditions; please consult medical professionals for all your health care needs. Our Salt Mist Serenity Room is an Electronic Free and Quiet Zone to allow for total relaxation and mediation for all those experiencing this therapy. We thank you in advance for honoring our strict policies. NO FOOD OR DRINK ALLOWED IN SALT ROOMS. We recommend you drink water prior to and after salt therapies. H&S is not responsible for belongings inside or outside of building during salt sessions, we offer small cubbies for your keys and phones (cubbies aren't locked) we recommend you leave bags in your car. We do have 24 hour surveillance in the Salt Room areas.

SIGNATURE \_\_\_\_\_